



Personal Hygiene Policy

Aims and Objectives

To ensure children and staff establish a good personal hygiene routine to prevent cross contamination including colds and viruses.

Routine is the key to ensuring that the highest standards of personal hygiene of both children and staff are maintained. Toilet training is one of the most significant skills to be learned by a child therefore all children are monitored after going to the toilet to ensure that they wash their hands properly (**See hand wash policy**).

Similarly, before eating, all staff and children wash their hands and encouraged to wash independently with adult supervision. To minimize the possibility of the spread of infections, to the staff or other children, staff members will wear disposable gloves and aprons each time they change a nappy or those who are administering First Aid in situations which involve blood/fluids. In cases of infestation of head lice, etc., the setting must contact parents to collect the child. Parents must be advised to see the GP/Pharmacy, so their child is treated immediately. Only after the child is treated and the infection has passed the time, only then the child can return into the setting.

Responsibilities

It is the responsibility of each member of staff to ensure that children are taught a good hygiene routine and that all children are supervised to ensure this becomes well established.

Procedure - Children

- The emphasis is very much on making hand washing fun.

- Staff will ensure children wash hands before and after meals, snacks and after visiting the toilet/potty and playing outdoors. This includes messy play activities.
- Children will always be supervised when washing and drying hands to reinforce the correct method.
- The children will be taught how to wash hands correctly with mild hand wash and dry with disposable paper towels.

Procedure – Staff

- Staff to ensure that they too wash their hands before and after snack/meal preparation with hand washing and drying with disposable paper towels.
- Staff must wash hands after visiting the toilet.
- Staff must wash their hands with hand soap after supervising/supporting children at toileting times.
- Staff must wash their hands when cleaning noses and dry with disposable paper towel.
- Staff must wash their hands after being outside in the garden area/outings and after removing the children's outdoor shoes. Follow hand washing procedure.

Last Updated/Reviewed On:	SIGNITURE
24. 5.2020	O. Morgan
21.11.2020	C. Morgan
15.03.2021	C. Morgan